AIkits

LANGUAGES · CHEAT SHEET

HSK 1 cheat sheet

Words, grammar checklist, test format and an 8-week plan for HSK 3.0

1 Which HSK 1 will you sit?

	Six-level version (until 13 Dec 2026)	HSK 3.0 (from 13 Dec 2026)
Words	150	300
Questions	40: 20 listening, 20 reading	40: 20 listening, 20 reading
Time	About 40 min; listening about 15, reading 17	About 40 min; listening about 12, reading 20
Scoring	200 points, pass at 120	Not published yet

2 The numbers

300 words	Syllabus pp. 77–83, from 爱 *ài* (to love) to 做饭 *zuò fàn* (to cook)
146 + 154	146 of the old 150 words stay; 154 are new
4 left	北京 *Běijīng* (Beijing): gone · 前面 *qiánmiàn* (in front), 后面 *hòumiàn* (behind): level 2 · 小姐 *xiǎojiě* (Miss): level 5
246 · 100	Characters to recognise (level 1) · to write (levels 1–2)

3 Test format (HSK 3.0 sample paper)

- **Listening, questions 1–20:** match recordings to pictures, choose the best reply, match dialogues to pictures, answer a question about a short statement
- **Reading, questions 21–40:** match sentences to pictures, pair questions with answers, fill gaps from a word bank, answer a question about a short text
- 3 minutes to transfer answers after listening
- Pinyin is printed above the characters

4 Sample 8-week plan (30–45 minutes a day)

Week	Words	Grammar focus	Practice
1	40	Pinyin and tones; numbers; 是 sentences; personal pronouns	Introduce yourself aloud: name, country, age
2	80	Questions with 吗; question words 什么, 谁, 哪儿, 几, 多少	Say today's date, the time and your phone number
3	120	Measure words 个, 本, 口, 块; 这/那; money	Role-play buying fruit and asking prices
4	160	有 sentences; "there is" sentences; location words	Listen to short dialogues on weeks 1–4 topics
5	200	Negation with 不 and 没（有）; modal verbs 会, 能, 想, 要, 可以	Describe the weather and what you want to do
6	240	了 for completed actions and for change; 在/正在 … 呢	Read short texts on weeks 1–6 topics, pinyin covered
7	280	Two verbs in a row; two objects; linking with 也 and 还	Official HSK 3.0 sample paper, timed at 40 minutes
8	300	Review every checklist row not yet ticked	Second full test; fix the weakest topic

AIkits

LANGUAGES · CHEAT SHEET

HSK 1 cheat sheet

5 Grammar checklist (syllabus pp. 383–385)

Group	What to know	Syllabus items
Prefixes and suffixes	小 before names, 第 for ordinals; plural 们; 边 in place words	小—, 第—, —们, —边
Location words	On, under, in, out, front, back	上, 下, 里, 外, 前, 后
Modal verbs	Can, want, may	会, 能, 想, 要, 可以
Separable verbs	Verb-object words that can split	看病, 睡觉, 说话, 上课, 下课, 上班, 下班, 生病
Question words	How many, which, where, what, who, how	多, 多少, 几, 哪, 哪儿, 哪里, 哪些, 什么, 谁, 怎么, 怎么样
Pronouns	I, you, he, she, it, we, everyone; this, that, here, there, some	我, 你, 您, 他, 她, 它, 们 forms, 大家; 这, 那, 这儿, 那儿, 这里, 那里, 这些, 那些, 这个, 那个, 有的, 有些
Numbers	Zero to the thousands, half; 二 vs 两	一 to 十, 零, 百, 千, 半, 二/两
Measure words	Nouns and containers; dates, age, clock time	本, 个, 家, 口, 块, 件, 只, 元, 杯; 日, 号, 岁, 点, 分, 年, 天
Adverbs	Very, too, a bit; all; in progress; again; also; not	非常, 很, 太, 真, 有（一）点儿; 都; 在, 正在; 再; 还, 也; 不, 没（有）, 不要
Prepositions, conjunction	At or in; with, to; and	在; 和, 对; 和
Particles, interjection	Possessive 的; aspect 了; sentence-final particles; "hello" on the phone	的; 了; 吧, 吗, 呢; 喂
Sentence types	Verb, adjective and noun predicates; statements, yes/no, question-word and A-not-A questions; requests, exclamations	–
Special patterns	是 for "is"; 有 for "has"; "there is" sentences; two verbs in a row; two objects	"是"字句, "有"字句, 存现句, 连动句, 双宾语句
Linking clauses	Two clauses with 也 or 还	……，也……; ……，还……
Aspect	Completed action, change of state, action in progress	了1, 了2; 在/正在 + verb (+ 呢), …… 呢
Numbers in use	Money, ordinals, dates, days of the week, clock time	第 + number; 年/月/日/星期

6 The checklist in sentences

- 我是学生。*Wǒ shì xuésheng.* (I am a student.)
- 你是老师吗？*Nǐ shì lǎoshī ma?* (Are you a teacher?)
- 桌子上有一本书。*Zhuōzi shang yǒu yì běn shū.* (There's a book on the table.)
- 我买了一个杯子。*Wǒ mǎi le yí ge bēizi.* (I bought a cup.) Finished action
- 下雨了。*Xià yǔ le.* (It's started raining.) Change
- 我在看书呢。*Wǒ zài kàn shū ne.* (I'm reading.)

TIP

Lists with 500 words follow the 2021 Standard, not the exam syllabus. Copy the 300 words from the syllabus PDF; many third-party lists mix old and new.